

SUNDAY MASS

ENTRANCE ANTIPHON:

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

FIRST READING: Sirach 15:16-21.

RESPONSORIAL PSALM: Psalm 119.

RESPONSE:

Blessed are those who walk in the law of the Lord!

1. Blessed are those whose way is blameless,
who walk in the law of the Lord!
Blessed are those who keep his decrees!
With all their hearts they seek him. **R**
2. You have laid down your precepts
to be carefully kept.
May my ways be firm
in keeping your statutes. **R**
3. Deal bountifully with your servant,
that I may live and keep your word.
Open my eyes, that I may see
the wonders of your law. **R**
4. Lord, teach me the way of your statutes,
and I will keep them to the end.
Grant me insight that I may keep your law,
and observe it wholeheartedly. **R**

SECOND READING: 1 Corinthians 2:6-10.

GOSPEL ACCLAMATION:

Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, that you have revealed to little ones the mysteries of the kingdom. Alleluia.

GOSPEL: Matthew 5:17-37.

COMMUNION ANTIPHON:

They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

THE WEEK AHEAD

Live the Word

Mon 13 Feb Liturgy of the Day

Genesis 4:1-15.25; Psalm 50; Mark 8:11-13

"The world is full of miracles for those who have eyes to see them. If we are no longer able to wonder and marvel except when the so-called laws of nature are broken, then we must be in a sorry state." – Albert Nolan OP

Tue 14 Feb Ss Cyril, Mk & Methodius, B

Genesis 6:5-8; 7:1-5.10; Psalm 29; Mark 8:14-21

A thought for St Valentine's Day (who was a third century Roman saint). "Being deeply loved by someone gives you strength, while loving someone deeply gives you courage." – Lao Tzu

Wed 15 Feb Liturgy of the Day

Genesis 8:6-13.20-22; Psalm 116; Mark 8:22-26

For some, acknowledging that we are not perfect is a difficult thing, but "it is in the process of embracing our imperfections that we find our truest gifts: courage, compassion, and connection." – Brené Brown

Thu 16 Feb Liturgy of the Day

Genesis 9:1-13; Psalm 102; Mark 8:27-33

We all have a desire to feel that we belong. But Jesus' surprising call to us is to help others feel like they belong – to include the excluded. To value others, regardless of their status, or their ability to entertain us.

Fri 17 Feb (Seven Founders of the Servite Order)

Genesis 11:1-9; Psalm 33; Mark 8:34-9:1

God came amongst us in Jesus, who, at Pentecost, sent the Holy Spirit so that, once again, we could all speak the same language – the language of mercy, love and service – thus healing the wounds of division.

Sat 18 Feb Liturgy of the Day

Hebrews 11:1-7; Psalm 145; Mark 9:2-13

Pain is not something that we naturally welcome, but it is comforting to know that "our glory is hidden in our pain, if we allow God to bring the gift of himself in our experience of it." – Henri Nouwen

Sun 19 Feb 7TH SUNDAY IN ORDINARY TIME

Leviticus 19:1-2.17-18; Psalm 103; Matthew 5:38-48

Since we are created in the image and likeness of God, all of us must have the capacity for boundless mercy. We have in Jesus a living example of mercy beyond measure.

(KEY: SOLEMNITY; FEAST; Memorial; (Optional Memorial)
Mk=Monk; B=Bishop

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