

5th Sunday in ordinary time question sheet

Matthew 5:13-16 :

Jesus challenges us to be the salt of the earth and the light of the world.

	Purpose of this session
Profession of faith – mystery of God	Jesus came to proclaim the Kingdom of God
Scripture	Matthew 5:13-16
Christian living/morality	Corporal and spiritual works of mercy (Youcat pg 246)

The readings for the next few weeks come from what **we call the sermon of the mount**. This was the first major teaching of Jesus in the Gospel of Matthew.

The **Sermon on the Mount** is all about how we should live so that God's kingdom can come on earth.

Read the Gospel: Matthew 5:13-16

Then read the first reading from Isaiah 58:7-10

Work in pairs or small groups to answer the following:

1. What words does each of the paragraphs in the gospel reading start with?

2. Why do you think this is important?

3. What should happen if salt loses its flavour? _____

4. Where should the light be put? _____

5. According to Isaiah: What should WE do to let our light shine forth? _____

6. What will the consequence of doing this? _____

7. SO, what do you think the scriptures are telling us about how we live as Jesus' followers?

Discussed ways in which we should follow Jesus?

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Matthew 5:13-16

Jesus challenges us to be the **salt of the earth** and the **light of the world**.

We are reminded about the **Spiritual and Corporal** works of mercy that we as Catholics should be engaged in.

The corporal works of mercy (to do with the physical and material needs of others) are as follows:

- To feed the hungry;
- To give drink to the thirsty;
- To clothe the naked;
- To shelter the homeless;
- To visit the sick;
- To visit the imprisoned;
- To bury the dead.

The spiritual works of mercy (to do with the emotional and spiritual needs of others) are:

- To instruct the ignorant;
- To counsel the doubtful;
- To admonish sinners;
- To bear wrongs patiently;
- To forgive offences willingly;
- To comfort the afflicted;
- To pray for the living and the dead.

Prayer:

Leader:

Lord, sometimes our lives seem routine and boring.

We thank you for those who add interest to our lives, who are fun and make us laugh.

Let's take a moment to think of these people....

Let us thank God together.

God, thank you for (you are invited to name people)....

Lord, sometimes our lives seem difficult and gloomy.

We thank you for those who bring light to our lives, those who are kind to us, who help us and make us feel strong.

Let's take a moment to think of these people....

Let us thank God together.

God, thank you for (you are invited to name people)